Resolve Editing Keys

Most commonly used

TRIMMING MODES

A	Selection Mode
T	Trim Mode
W	Dynamic trim mode

TRIMMING NAVIGATION

up-arrow	Move playhead to previous edit
down-arrow	Move playhead to next edit
J K L	Reverse / Stop / Forward play. Combine for slow play. Multi-tap for speed play

TRIMMING SHORTCUTS

v	selects nearest edit
u	Select side of edit to trim
Shift t	Audio Only transitions
E	Extend Edit

TRIMMING SHORTCUTS

Shift+Delete	Ripple Delete. Forward-delete on Mac does same thing.
**CMD **	Split Clips on timeline / Only splits selected clip
**OPT **	Heal split clip
CMD-Shift [ ]	Ripple Trims to left/right of playhead

TRIMMING SHORTCUTS

i	Mark In on timeline or clip. Option+i clears In.
o	Mark Out on timeline or clip. Option+o clears Out.
OPT x	Clears in/out on timeline or clip.